



Adept Living Foundation CIC (ALF CIC)

Anti-Bullying/ Harassment Policy - May 2021

(Review May 2022)

Introduction

ALF CIC is committed to providing a working environment free from bullying and harassment. We aim to ensure that all staff, clients, and students are treated, and treat others, with dignity and respect. This policy covers bullying and harassment which occurs at work, and out of the workplace including on work trips or at work-related events or social functions.

What is harassment?

Harassment is any unwanted conduct that has the purpose or effect of violating a person's dignity or creating an intimidating, hostile, degrading, humiliating, or offensive environment for them.

A single incident can amount to harassment. A person may be harassed even if they were not the intended 'target'. Harassment also includes treating someone less favourably because they have submitted or refused to submit to such behaviour in the past.

It is unlawful under the Equality Act 2010 to harass a person because of their age, disability, gender reassignment, marital or civil partner status, pregnancy or maternity, race, colour, nationality, ethnic or national origin, religion or belief, sex or sexual orientation. It also includes conduct of a sexual nature (sexual harassment). Harassment is unacceptable even if it does not fall within any of these categories.

Examples of harassment include, but are not limited to:

- unwanted physical conduct including touching, pinching, pushing, and grabbing;
- Unwelcome sexual advances or suggestive behaviour;
- Offensive emails, text messages, or social media content or the display of offensive materials;
- Unwanted jokes, banter, mocking, mimicking, or belittling a person

What is bullying?

Bullying is offensive, intimidating, malicious, or insulting behaviour, an abuse or misuse of power through means that undermine, humiliate, denigrate, or injure the recipient. Bullying can include the use of personal strength or the power to coerce through fear or intimidation, not necessarily from someone in a position of authority.

Bullying may be physical, verbal, or non-verbal. It can include conduct that is not face to face, including via text message, email, and social media. Examples of bullying include:

- physical or psychological threats;
- Overbearing and intimidating levels of supervision;
- Inappropriate derogatory remarks about a person or their performance;
- Shouting at staff;
- Persistently picking on people in front of others or in private;
- Blocking promotion and training opportunities;

- Regularly and deliberately ignoring or excluding staff from work activities or work related social events;
- Setting a person up to fail by overloading them with work or setting impossible deadlines;
- Regularly making the same person the buff of jokes.

Legitimate and reasonable criticism of a staff member's performance or behaviour, or reasonable management instructions, do not amount to bullying.

Breaches of this policy

Bullying and harassment are not tolerated in our workplace and all staff are required to treat each other, along with our clients and students, suppliers, and visitors, with dignity and respect.

Breaches of this policy will be dealt with in accordance with our disciplinary procedure. Serious cases of bullying or harassment may amount to gross misconduct resulting in dismissal.

Staff who make complaints or who participate in good faith in any investigation must not suffer any form of retaliation or victimisation as a result. However, making a false allegation deliberately and in bad faith will be treated as misconduct and dealt with under our disciplinary procedure. Anyone found to have retaliated against or victimised someone in this way will be subject to disciplinary action.

If you believe you are being harassed or bullied

If you believe you are being harassed or bullied, you may wish to raise the problem informally with their person responsible. Explain the situation and how it made you feel. It can be helpful to describe the event so the other person is clear about your concerns. Use the opportunity to ask the person to change or stop their behaviour. Alternatively, you may speak to your manager who can provide confidential advice and assistance in resolving the issue formally or informally. If you are a client or student, you may wish to raise your concern with the person responsible, or speak to a member of the ALF team, in the first instance.

If you do not feel that informal steps are appropriate, or they have been unsuccessful, you should raise the matter formally, under our complaints (if you are a client/student), or grievance procedure (if you are a member of staff). All complaints will be investigated in accordance with these procedures.

If we consider that there is sufficient evidence to suggest you have been harassed or bullied, we will consider the appropriate action to take. If the person accused is an employee, this may include invoking a disciplinary procedure. If you are a vulnerable person, this will be dealt with under our safeguarding adults policy. Whether or not your complaint is upheld, we will consider how best to manage any ongoing working relationship between you and the person concerned.

Please contact the ALF team at : contact@alfcic.org
Or Emma Jaynes at : emma@positiveways.co.uk - 07791 520388
Or Keith Abrahams at : keith@alfecic.org - 07834 655171